

# **FDP on** **Universal Human Values for** **Student Induction Program**

*organized by NIT Patna*

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Whatever is said is a **Proposal**

**Do not assume it to be true/false**

**Verify** it on Your Own Right

It is a process of **Dialogue**

A dialogue between me and you, to start with

It soon becomes a dialogue **within your own self**

# Basic Human Aspiration and the Expectation from Education

The basic human aspiration is

- **happiness &**
- **prosperity; and**
- **it's continuity**

The expectation from education is to facilitate:

1. Understanding the aspiration – i.e. understanding "What to Do"
2. Learning the skills to achieve the aspiration – i.e. Learning "How to Do"

Are both required or we can do with just one of them?

# Complimentarity of Value Education & Skill Development

We need to understand “what to do”

And we need to learn “how to do it”

Both are required

**Understanding “what to do” = Value Education**

**Learning “how to do” = Technology (Skills)**

What would be the priority between these two?

The priority is:

- 1. Value Education** (Understanding ‘what to do’)
- 2. Skill Development** (Learning ‘how to do’)

There is **complimentarity** between **Values & Skills**

# Responsibility

This is not just the responsibility of educational institutions but the combined responsibility of

1. Parents & Family Members
2. Formal Education (School, College etc.)
3. Society (Media, Role Models etc.)

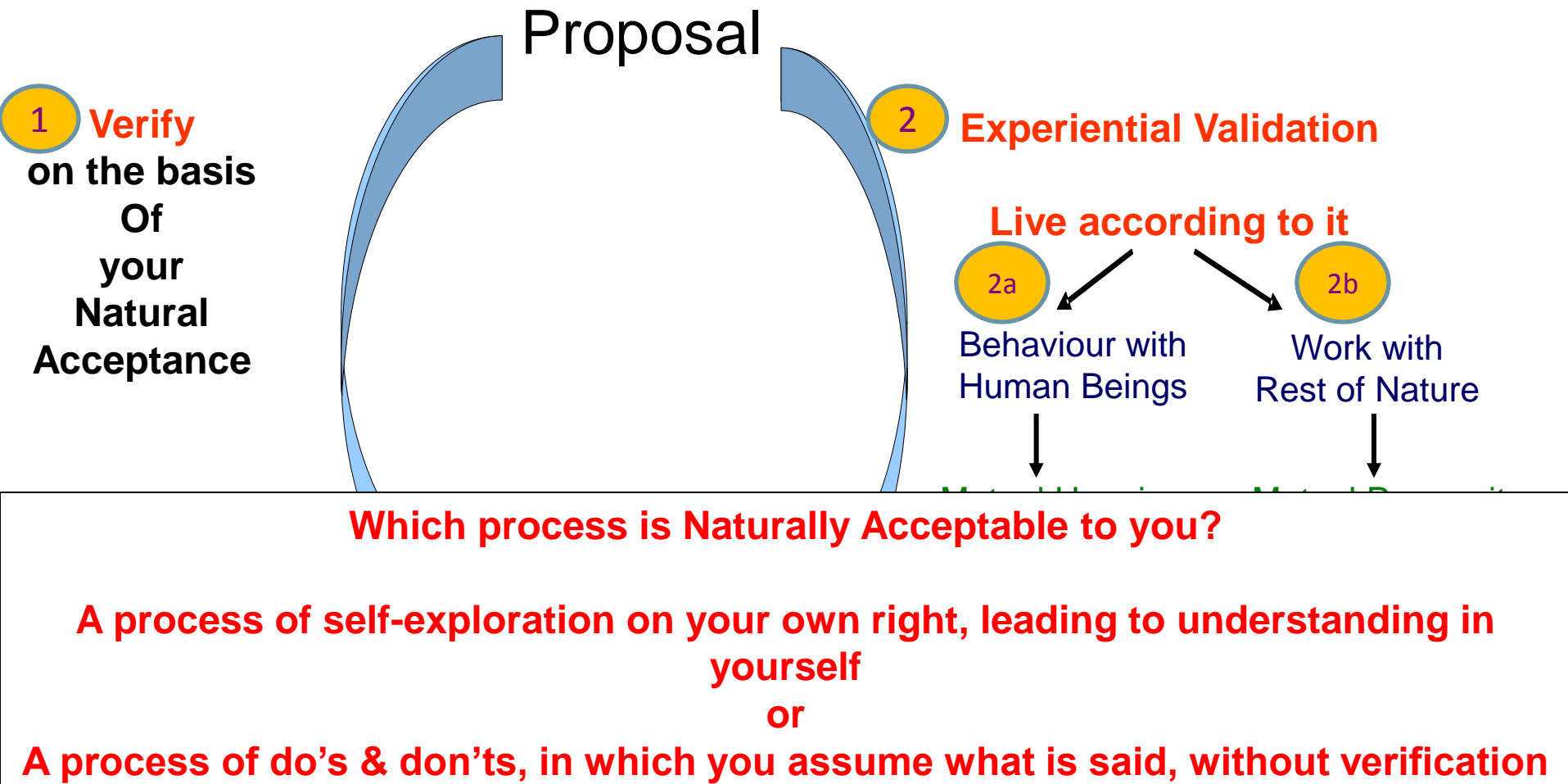
When all three have gone wrong, are shaking, where do we start?

We have to start with ourselves, wherever we are, in whatever role we are in (and we are certainly in one or more of these three roles)

The most effective can be education, particularly higher education, whose graduates are going to start contributing in society shortly

# Process of Self-exploration = Self-verification

Whatever is stated is a **Proposal** (**Do not assume it to be true/ false**)  
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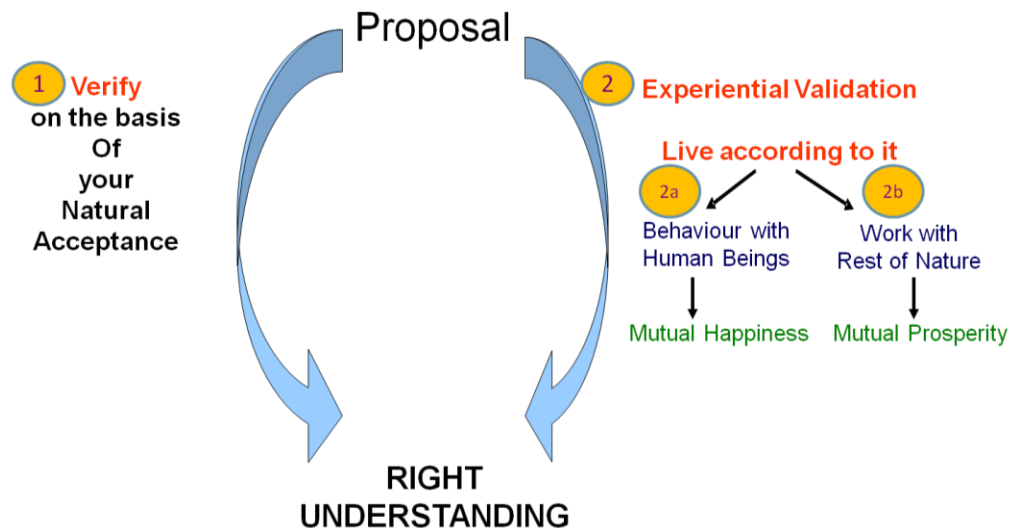


# Preamble

The process of transformation is a process of self-exploration,  
self-investigation

Whatever is stated is a **Proposal** (**Do not assume it to be true/ false**)

**Verify** it on your own right



The Purpose of this Workshop/Course is to initiate the Process of Self-exploration, Self-investigation in you, so you can be aware of your natural acceptance (swatva), live in harmony within (swatantrata) and ultimately live in harmony with the entire existence (swarajya)

## Check within Yourself! अपने में जांच कर देखें!

What do we all want?

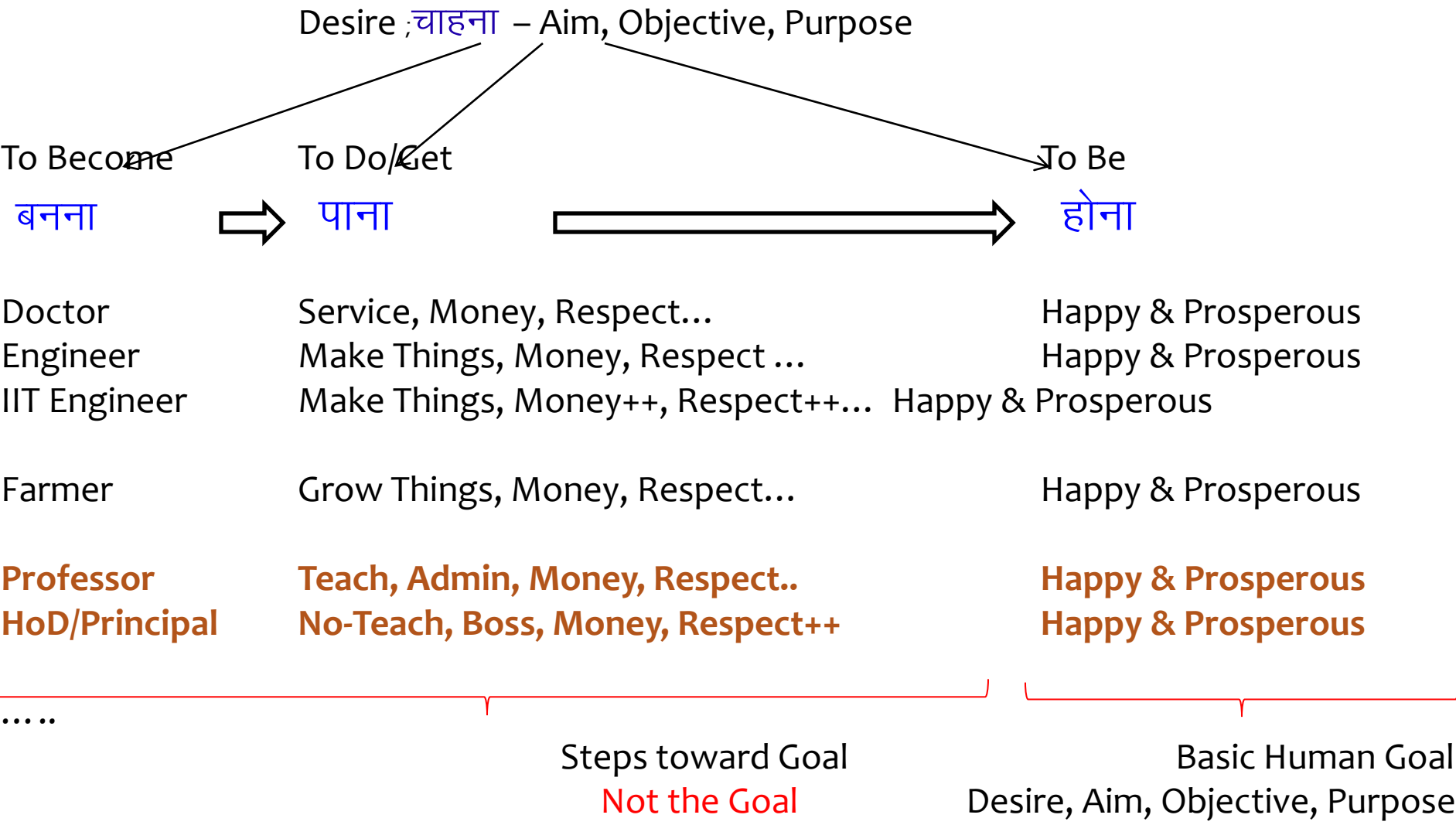
हम सब की चाहना क्या है?

We can examine this within ourselves

इसे हम अपने में जांच कर देख सकते हैं।



# Desire (चाहना) – Aim, Objective, Purpose



Do we want to be happy?

*क्या हम सुखी होना चाहते हैं ?*

Do we want to be prosperous?

*क्या हम समृद्ध होना चाहते हैं ?*

Do we want the continuity of  
happiness and prosperity?

*क्या हम सुख, समृद्धि की निरंतरता  
चाहते हैं ?*

## Desire, What We Want to Be

Do we want to be happy?

*क्या हम सुखी होना चाहते हैं ?*

Do we want to be prosperous?

*क्या हम समृद्ध होना चाहते हैं ?*

Do we want the continuity of happiness and prosperity?

*क्या हम सुख, समृद्धि की निरंतरता चाहते हैं ?*

## State of Being, What We Are

Are we happy?

*क्या हम सुखी हैं ?*

Are we prosperous?

*क्या हम समृद्ध हैं ?*

Is there continuity of our happiness and prosperity?

*क्या हमारे सुख, समृद्धि की निरंतरता है ?*

**Why this gap?**

- between our desire and our state of being
- between what we really want to be and what we are

**What are we doing to fill this gap? Is it getting filled up or getting wider?**

**We will explore into this**

## Desire चाहना

Do we want to be happy?

*क्या हम सुखी होना चाहते हैं ?*

Do we want to be prosperous?

*क्या हम समृद्ध होना चाहते हैं ?*

Do we want the continuity of happiness and prosperity?

*क्या हम सुख, समृद्धि की निरंतरता चाहते हैं ?*

## Effort करना

Is our effort (*हमारा प्रयास*):

– For continuity of happiness and prosperity?

*सुख, समृद्धि की निरंतरता के अर्थ में है or या*

– Just for accumulation of physical facility?

*केवल सुविधा-संग्रह के अर्थ में ?*

Have we assumed that happiness and prosperity will be ensured when we have enough physical facility?

*What effort are we making for*

**Are we really doing anything other than accumulation of physical facility?**

**Pleasing sensation (eg. tasty food)**

**Feeling from the other (eg. Getting attention by doing something special)**

**We will explore into this**

## Physical Facility is Necessary...

When a human being has lack of physical facility, s/he becomes uncomfortable and unhappy

But once s/he gets the physical facility, he forgets about it and starts thinking about hundred other things

*मनुष्य को सुविधा का अभाव होता है, तो वह परेशान व दुःखी होता है, परंतु सुविधा मिल जाए तो उसके बारे तो भूल ही जाता है, उसके अलावा सौ और चीजें सोचने लगता है।*

We can observe two categories of human beings

Category	Physical Facilities	Happiness
1	NO	NO
2	YES	NO/NOT SURE
3	YES	YES

Find out

- Where are we now – at 1, 2 or 3 and
- Where do we want to be?

Something more is required, over and above physical facility

# In the Family

Is the unhappiness in our families

- More due to lack of physical facility or
- More due to lack of fulfillment in relationship?

*आपके परिवार में जो दुःख है, वह सुविधा के अभाव में ज्यादा है या संबंध का निर्वाह न होने के कारण ज्यादा है ?*

How much time and effort are we investing:

- For physical facility
- For fulfillment in relationship

*आप सुविधा जुटाने के लिए कितना समय व प्रयास लगा रहे हैं और संबंध का निर्वाह के लिए कितना समय व प्रयास लगा रहे हैं ?*

The unhappiness is more due to lack of fulfillment in relationship

Most of the time and effort is spent for physical facility

*दुःख संबंध का निर्वाह न होने के कारण ज्यादा है; परन्तु, समय व प्रयास सुविधा के लिए ज्यादा लगाया जा रहा है*

RELATIONSHIPs  
संबंध

PHYSICAL  
FACILITY  
सुविधा

For animals:  
necessary & adequate

पशु के लिए  
आवश्यक  
एवं पूर्ण

For human beings:  
necessary but  
not adequate

मानव के लिए  
आवश्यक  
परंतु पूर्ण नहीं



With other human beings, we do want to live in relationship but...

Every time we have a fight, we want to resolve it

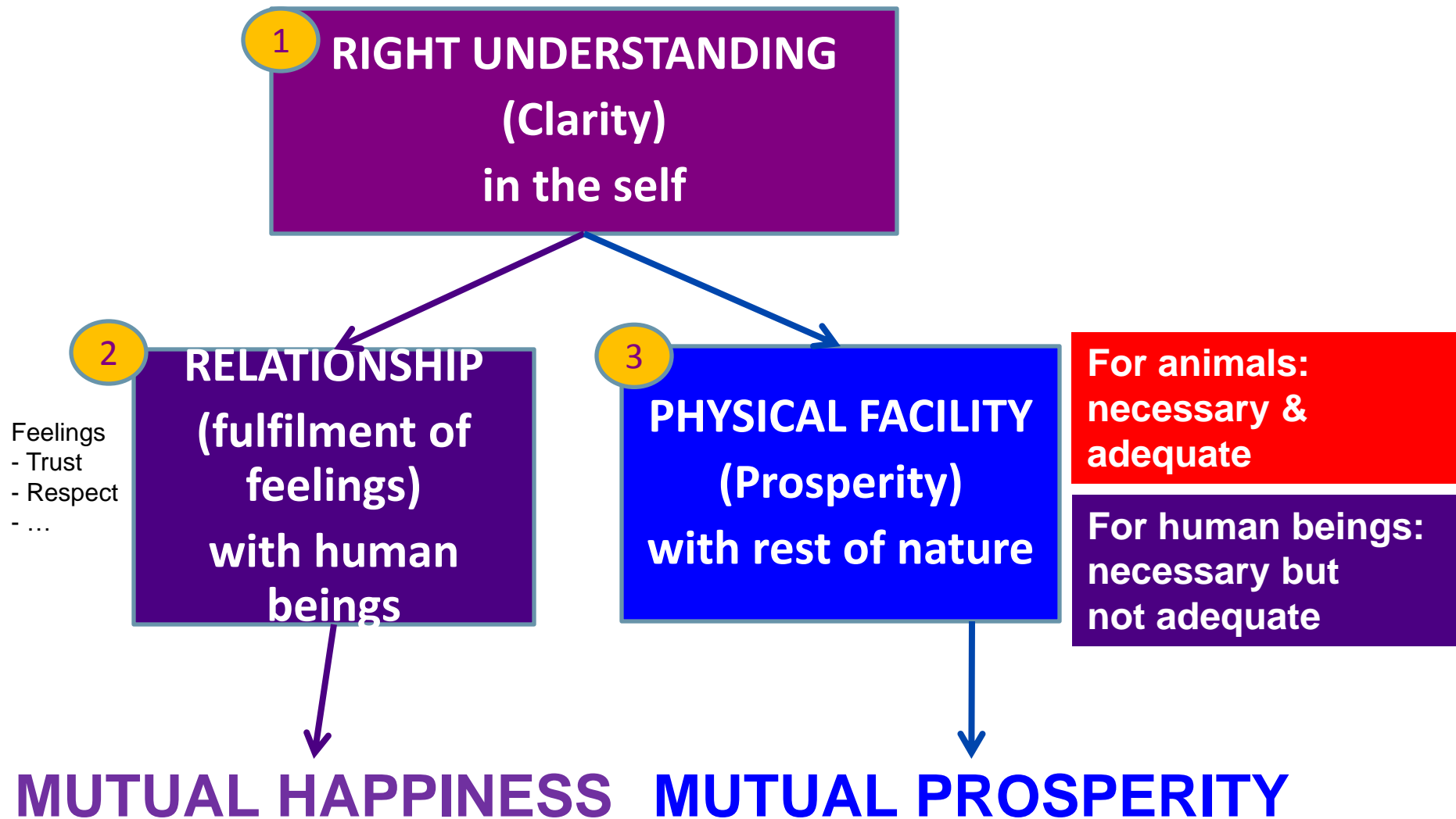
We say sorry, and promise not to fight in future

Even though we don't want to fight, a fight does take place once again – this is due to lack of right understanding about relationship, about how to fulfill relationship

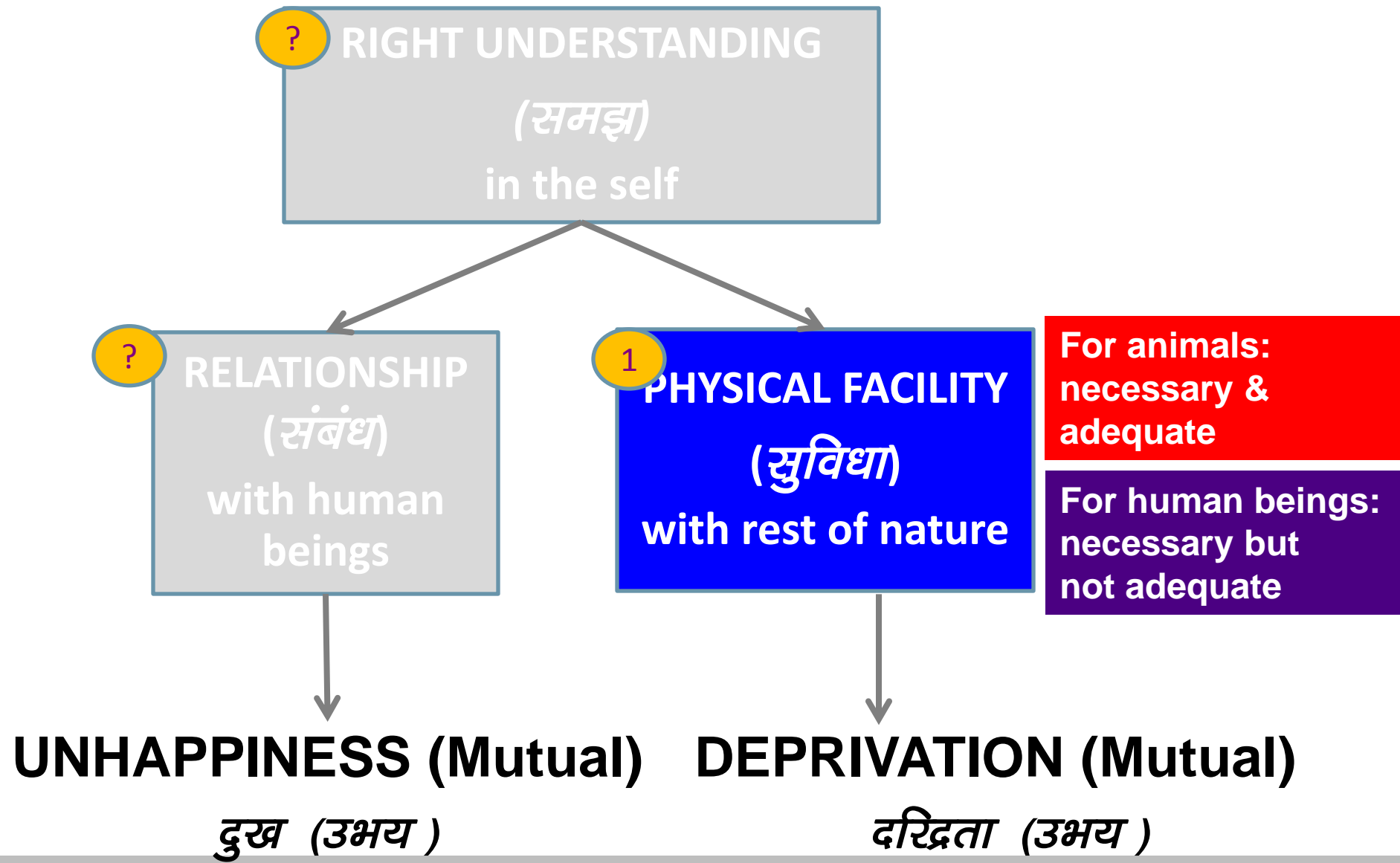
(we want the other to improve and the other wants us to improve...)

For fulfillment in relationship, it is necessary to have right understanding about relationship. i.e. **Right understanding** is also necessary for human beings

# Priority: Right Understanding, Relationship & Physical Facility



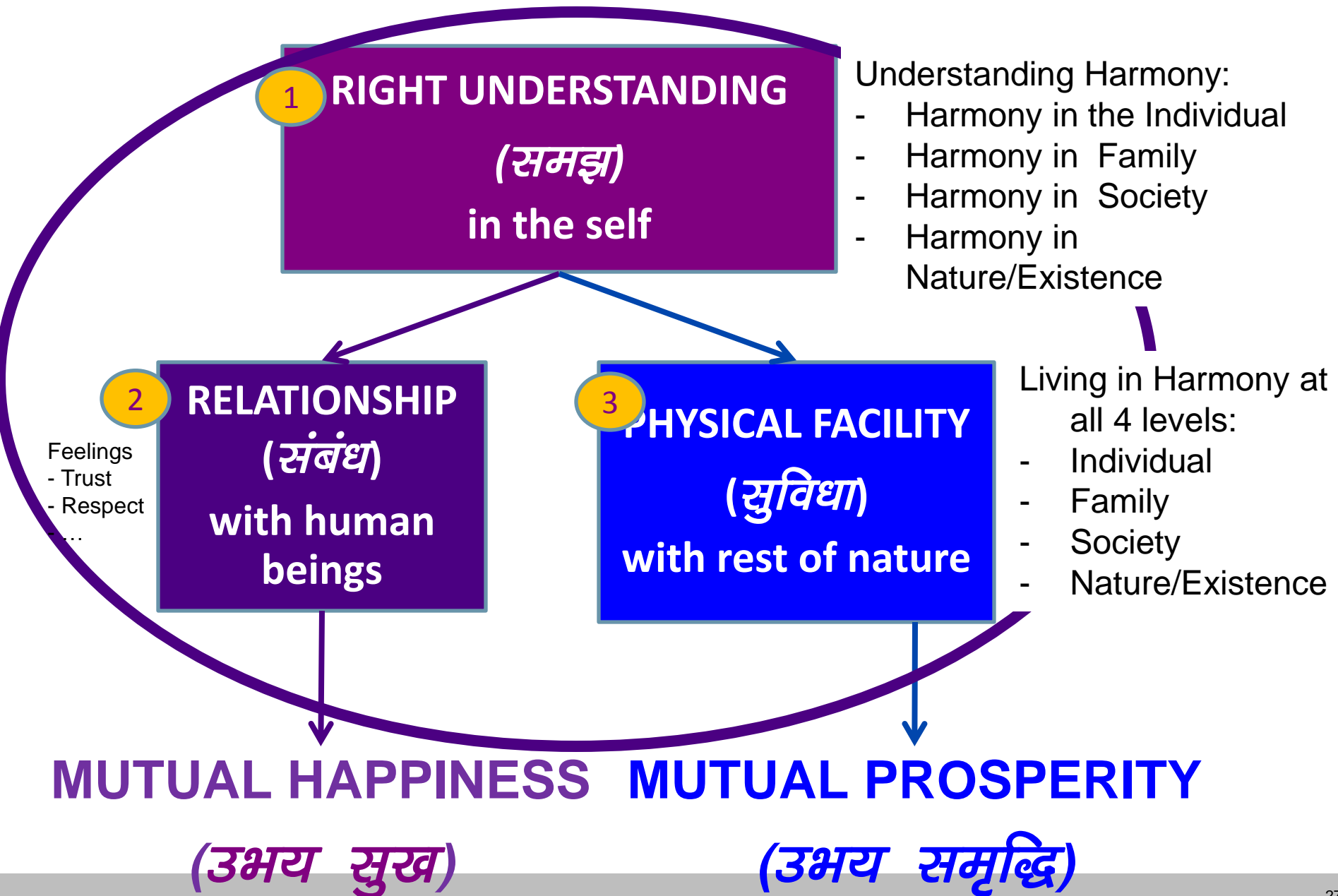
# Priority: Physical Facility



# Role of Education-Sanskar: Enable Transformation



# Course/Workshop Content: Right Understanding



# Program for Continuity of Happiness

## To understand the Harmony at all levels of my Being

1. Harmony in the Human Being
2. Harmony in the Family
3. Harmony in the Society
4. Harmony in Nature/Existence




**Scope of Understanding**

## To live in Harmony at all levels of my Being


1. As an Individual
2. In Family
3. In Society
4. In Nature/Existence

**Scope of Living**

# Evaluation of Current Situation - Gross Misunderstanding

Human Being मानव	Self (I) मैं	=	Body शरीर	
Need आवश्यकता	Respect सम्मान	=	Physical Facility (Eg. Food, Clothes) सुविधा (जैसे-भोजन, कपड़ा)	
	Continuous निरन्तर	=	Unlimited असीमित	



Accumulation of Physical Facility – Unlimited! 

सुविधा संग्रह – असीमित!

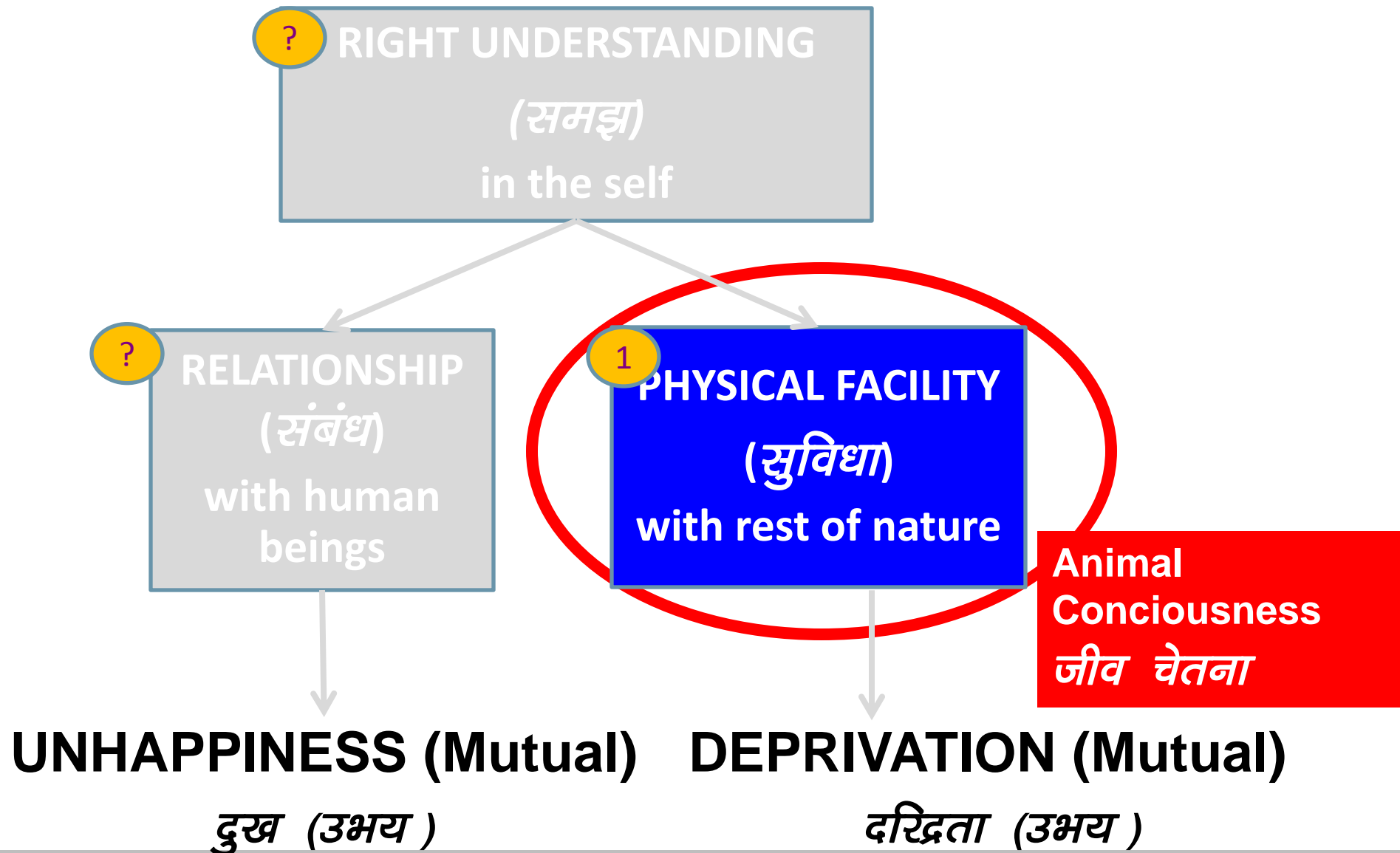


Deprivation 

दरिद्रता

Check your assumptions about Human Being

# Animal Consciousness, Indefinite Conduct





# Happiness

Happiness is a state of harmony within oneself, with other human beings and with the natural environment

## **Happiness within (everlasting)**

Having wisdom, love & compassion and necessary physical facility



## **Happiness from outside (temporary)**

Physical facility, sensation, ego, domination, trying to get respect from other...

## **Escape**

Depression... over-eating, over-sleeping... alcohol... drugs... suicide

# Prosperity

Prosperity – the feeling of having more than what is required  
(in terms of physical things, money etc.)

## Prosperity

Identification of need

- with right understanding and right feeling

Production (by way of earth-friendly and human-friendly labour)

- with right skills

Responsible consumption, exchange and storage for mutual fulfilment

- with right understanding and right feeling

## Accumulation (Rich)

Greed – unlimited

Accumulation (by any means)

Indulgence, exploitation, profiteering, hoarding...

## Not having Enough (Poor)

# Journey with UHV as a Faculty Member

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- ▶ Relations with Colleagues: Across departments
- ▶ Collaborative activities: Projects, FDPs, Initiatives
- ▶ Reverence for Senior colleagues
- ▶ Invited Talks
- ▶ PhD and M.Tech. Students
- ▶ Student Feedback
- ▶ Change in Teaching Approach
- ▶ Recognition, Promotion, Positions
- ▶ Involve in many programs voluntarily (JoSAA, CCMT, Induction, DASA orientation, CVE, NMC, MEA, UHV)
- ▶ Example of cooperation with support staff
- ▶ College level implementation



# Journey with UHV as a Faculty Member

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- Priority setting
  - Deep work
  - Transformation level
  - Students in mind
- Trust worthy
- Job security!
- Work for bigger objective
- Live with Right Understanding!



# Universal Human Values (UHV) for Better Academic Environment in College


# How to build an environment?

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- ▶ Universal Human Values (UHV) for Better Academic Environment in College
- ▶ A game changer!



# College is for Education

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- ▶ Objective of education
- ▶ Objective of our college
- ▶ People agreement with it? In spirit!?
- ▶ All working for it!
- ▶ Verify with the actual time and effort spent!

**Vision:** To make our students <sup>1</sup>technologically superior and <sup>2</sup>ethically strong by providing quality education with the <sup>3</sup>help of our dedicated faculty and staff and thus improve the quality of human life. <sup>4</sup>

<sup>5</sup>



# What makes College Environment?

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- ▶ Physical Facilities: Buildings, Interior, Labs etc.
- ▶ Rules, Policies etc.
- ▶ People:
  - ▶ Students
  - ▶ Faculty
  - ▶ Administration (HoD, Principal, BoG..)
  - ▶ Support staff
  - ▶ Alumni, Parents and Society

Relationship among people and their behavior constitute the environment. Agree?





# Quality of Relationship in College?

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- ▶ Teacher-Student
- ▶ Teacher-Teacher
- ▶ Teacher-Administration
- ▶ Teacher-Staff
- ▶ Student-staff



# Course/Workshop Content: Right Understanding

