

Universal Human Values

Request..

Please put all your mics and video on MUTE

Do not speak in between but type your question in chat box

Do not write on the screen

Let us have a wonderful and refreshing experience.

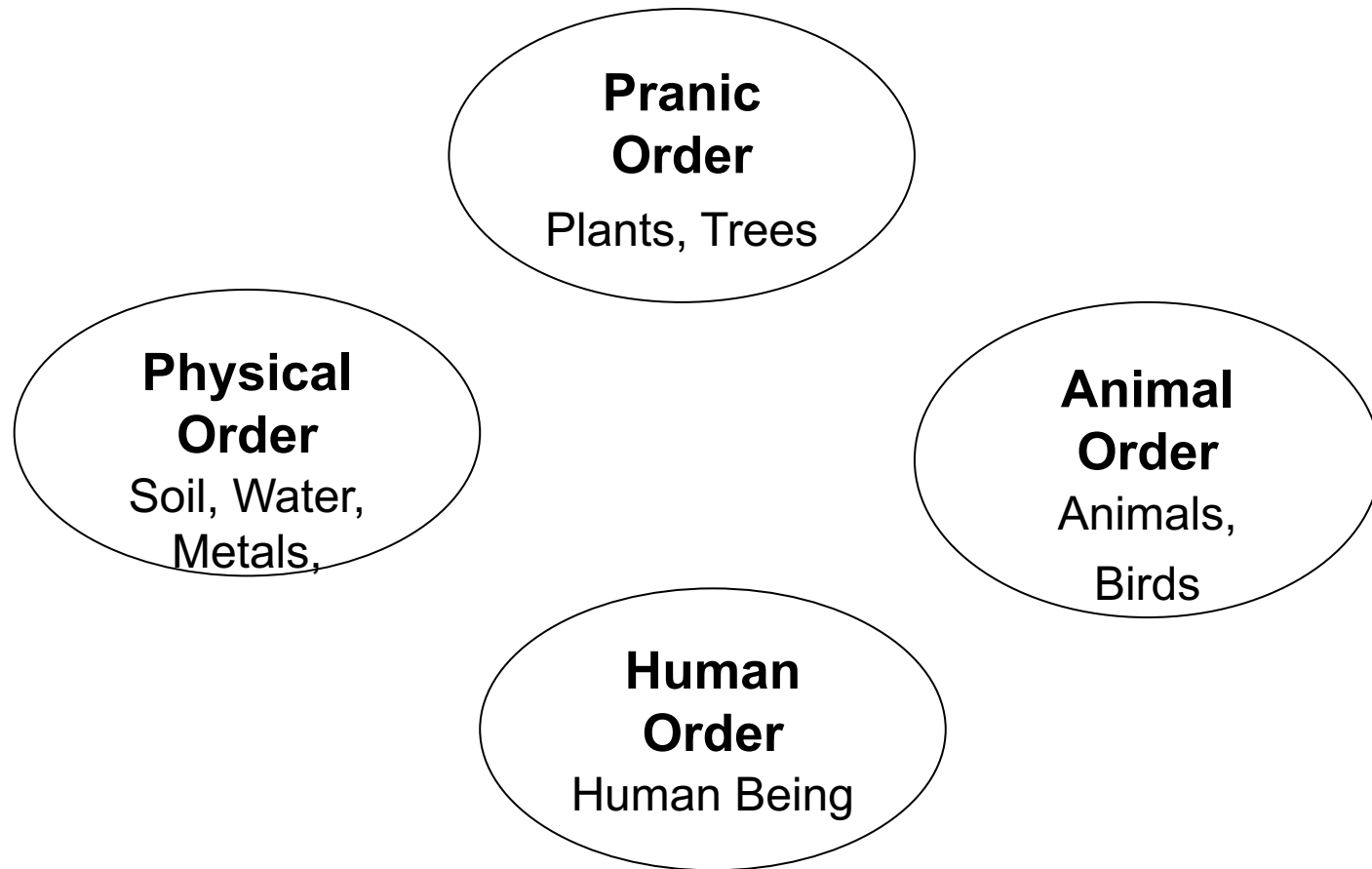
Three clear glass spheres are arranged in a horizontal line on a green, textured surface. Each sphere reflects the surrounding green environment. The background is a blurred green field.

• Workshop Contents...

- *Current Status*
- *Basic Human Aspiration*
- *Harmony at all 4 levels*
 - **Individual, Family, Society and Nature**
- *Values and Ethics*
- *Conclusions*

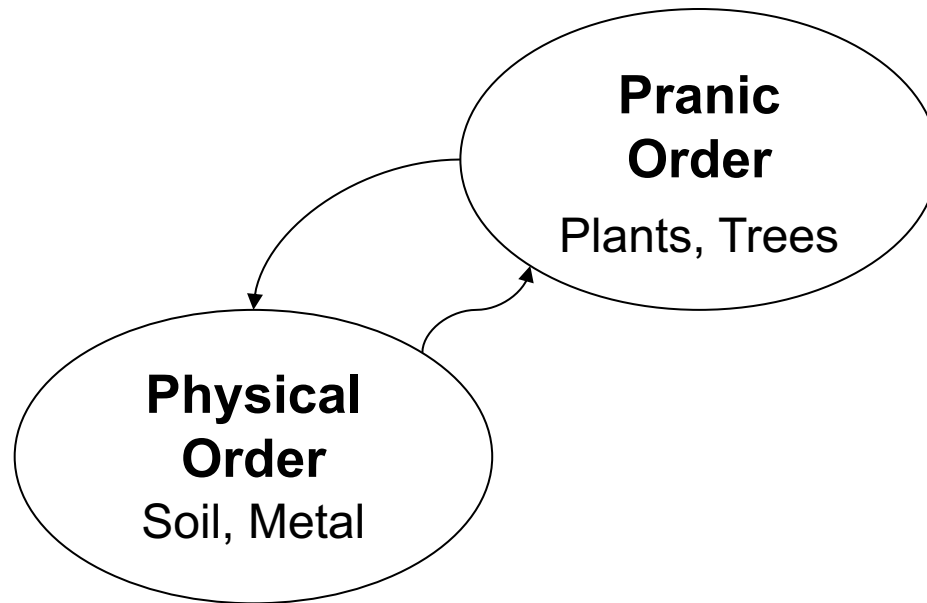
Harmony in Nature

Nature = Collection of Units = 4 Orders



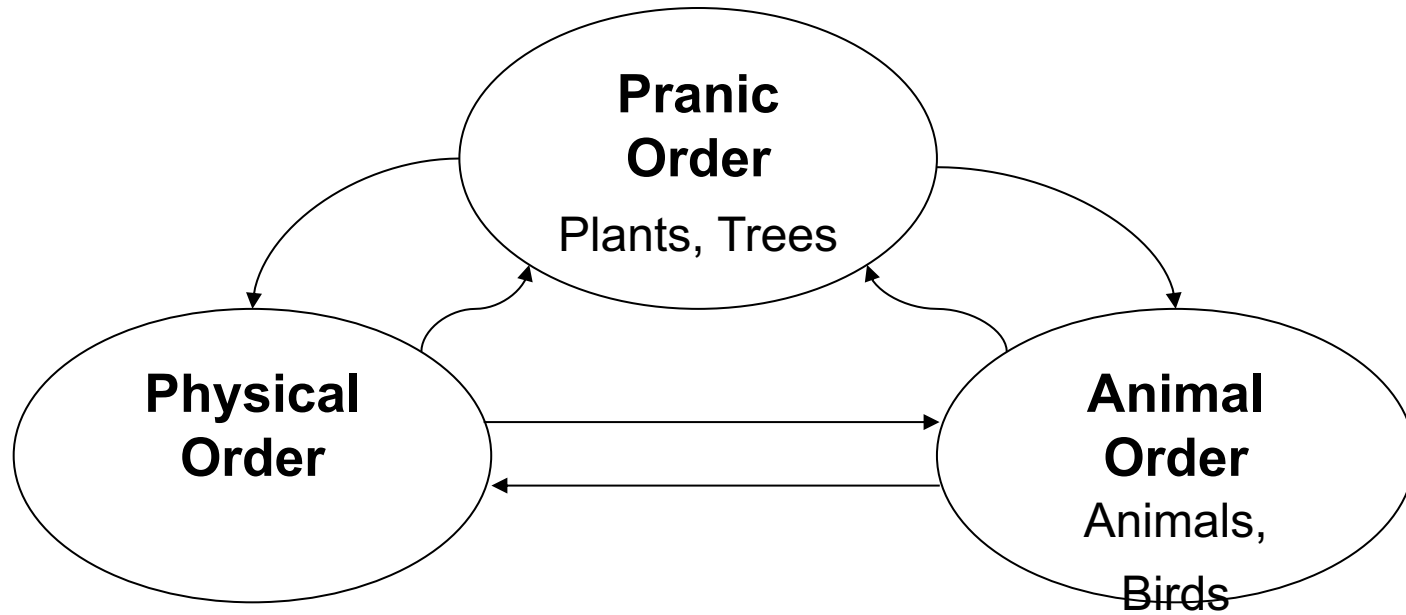
Nature is Characterised by Mutual Fulfillment, Enrichment

Between Physical Order and Pranic Order



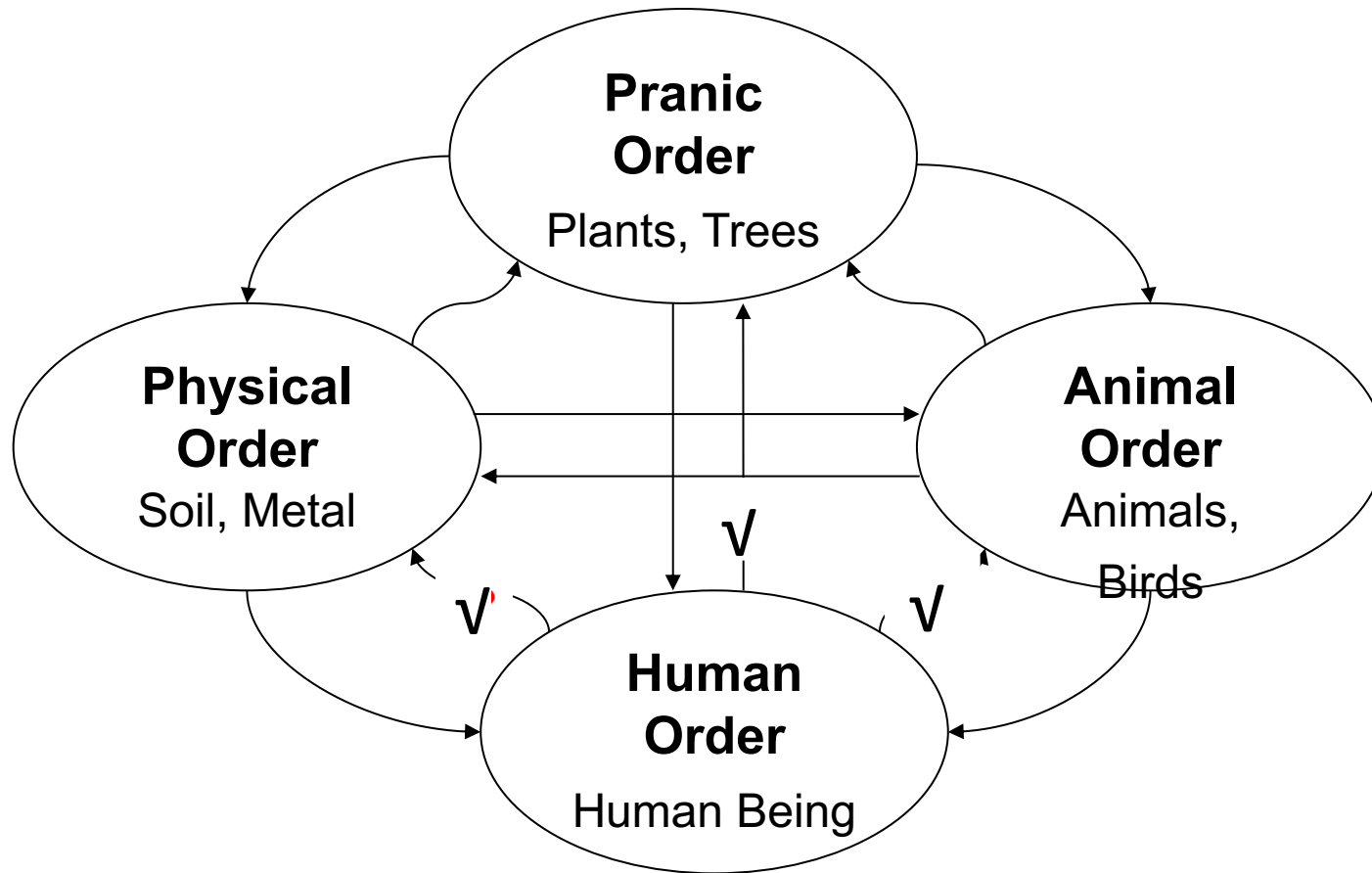
Nature is Characterised by Mutual Fulfillment, Enrichment

Between Physical Order, Pranic Order and Animal Order



Nature is Characterised by Mutual Fulfillment, Enrichment

Between Physical Order, Pranic Order, Animal Order
and Human Order?



The Natural Acceptance
is for Mutual Fulfillment...

Conduct of Orders in nature

All units around us exhibit definite conduct... except human being

Soil, metals, water.... Conduct is based on their **Constitution**

Trees, Plants... Conduct is based on their **Seed**

Cow.... Conduct is based on their **Breed**

Human Beings... Conduct is based on their **????**

Human Beings... Conduct is based on their **Education-Sanskar**

Outcome of Current Education

- **Inputs**

- *An innocent child*
- *Hard earned Money*
- *Lot of Efforts*

- **Output**

- *A fully confused adult*
- *Struggles for livelihood*
- *Lacks clarity about job, money, relations, etc*

- **Who is responsible?**

- *Parents?*
- *Teachers or academic institution?*
- *Society?*
- *Government?*
- ***All the above***

Problems and its classification

Personal Problems

Loneliness, Boredom, Purposelessness
Lack of clarity on what/why to do,
Lack of self-confidence, inferiority...



Inter-personal Problems

Stark differences of opinion
An absence of shared goals
Lack of trust, Jealousy, hatredness
Feelings of neglect, disrespect
Perception of not being understood,
cared, valued...



Social Problems

Poverty, Injustice, Exploitation
Corruption, Dysfunctional socio-economic-political systems
Conflict of interest, classes,
Fundamentalism, Terrorism, War...



Environmental Problems

Pollution, Resource Depletion,
Vanishing Eco-systems
Climate Change, Natural calamities,
Newer Diseases...

*It is important to recognize that the problems are inter-connected.
One often leads to the other, and vicious cycles manifest...*

How much money we want?

Money



Physical Facilities



Happiness

Body



Self (I)

Nurture

Protection

Right Utilization

Prosperity

②

①

Feeling of **having more** than **required physical facilities**

1. Identification of requirement

- *With right understanding*



2. Ensuring availability of more than required physical facilities

- *With required skills*

Lack of prosperity leads to Deprivation > Exploitation > etc

A prosperous person thinks of right utilization and nurturing the other

A deprived person thinks of accumulation and exploiting the other

Proposal # 1

**Human Being is Co-existence of
Self (I) and Body**

Human Being

Self (I)

Co-existence

Body



Human Being		
<div> <div>Self (I)</div> <div> <div>←</div> <div>Co-existence</div> <div>→</div> </div> <div>Body</div> </div>		
Need	Happiness (e.g. Respect)	Physical Facility (e.g. Food)
In Time	Continuous	Temporary
In Quantity	Qualitative (is Feeling)	Quantitative (Required in Limited Quantity)

Question 1: Can we recognize these needs

Question 2: Are they different needs of same?

Question 3: Are we working on both or are under the assumption that one automatically leads to the other?

Question 4: Priority between the needs of the Self (I) & the needs of the Body?



Need	Happiness (e.g. Respect)	Physical Facility (e.g. Food)
In Time	Continuous	Temporary
In Quantity	Qualitative (is Feeling)	Quantitative (Required in Limited Quantity)
Fulfilled By	Right Understanding & Right Feeling	Physio-chemical Things

In living, what is the priority?

How much time & effort is spent for right understanding & right feelings?

How much time & effort is spent for physical facility?

Check within Yourself!

The unhappiness in your family is

- More due to lack of physical facility or
- More due to lack of fulfillment in relationship?

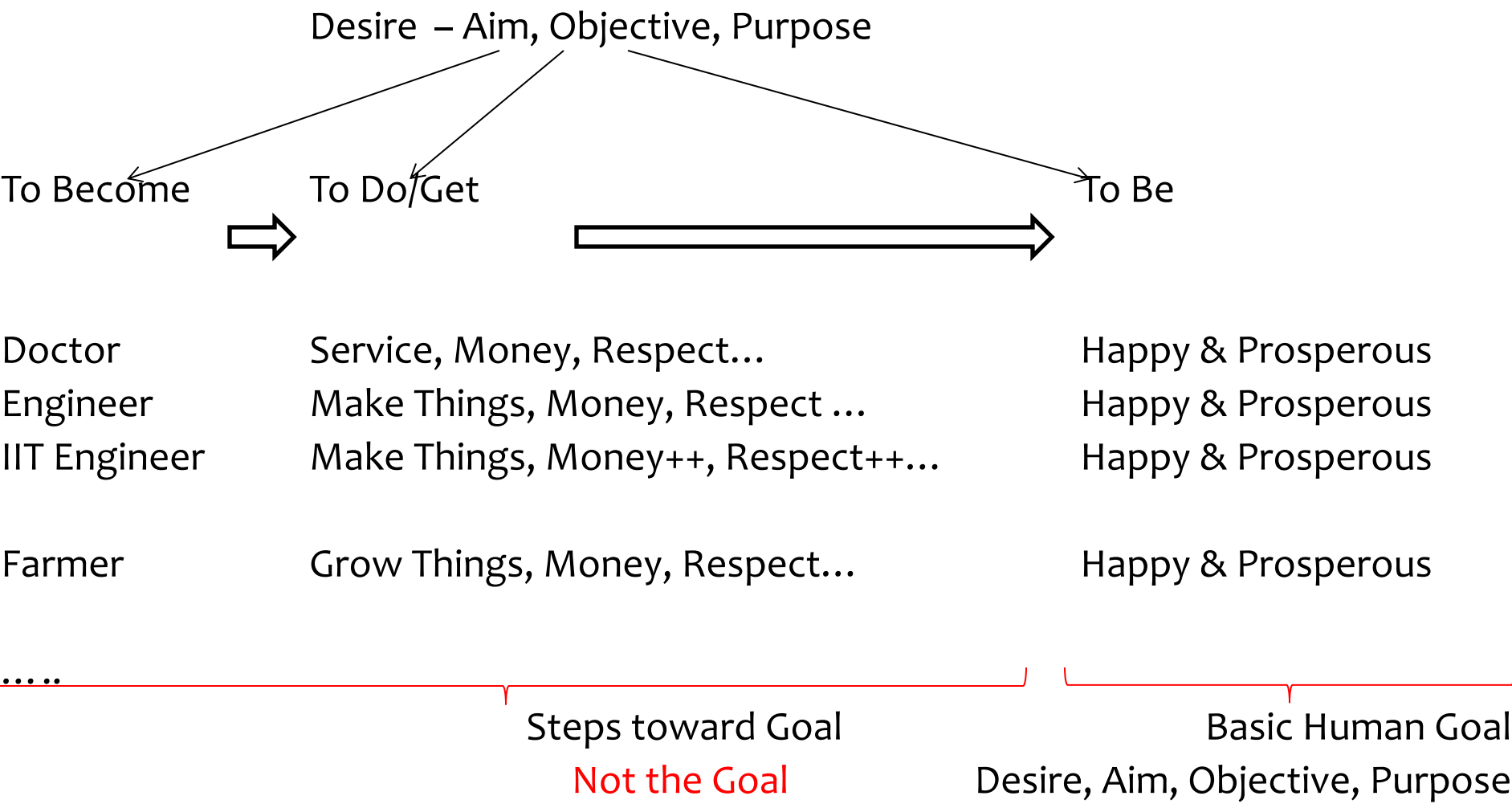
How much time and effort are you investing:

- For physical facility
- For fulfillment in relationship

The unhappiness is more due to lack of fulfillment in relationship

Most of the time and effort is spent for physical facility

Desire – Aim, Objective, Purpose



Proposal # 2

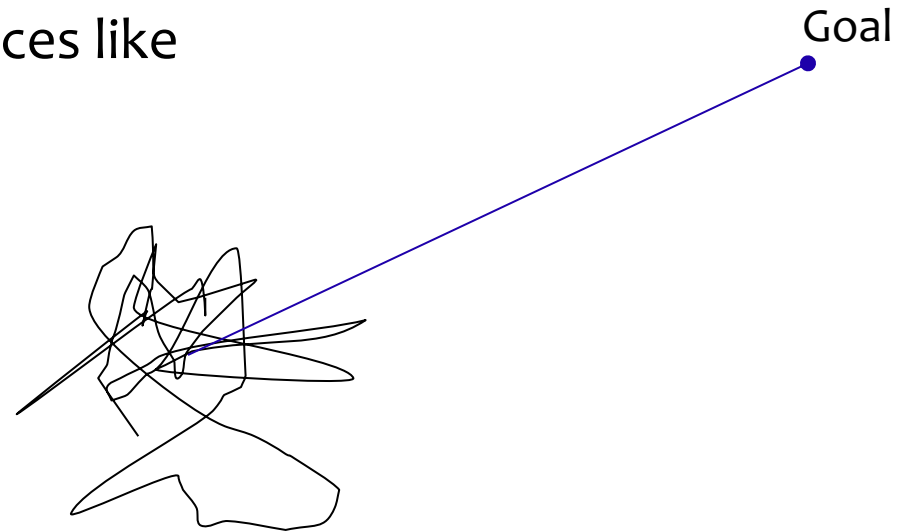
**Basic Human Aspiration is to be
Happy & Prosperous**

Deciding “What to Do” or “What is Valuable” – Example

Without clarity on the first question, without understanding what to do, even if we are going about doing things in an efficient and effective manner... we are not sure where we want to reach, what is our goal

Our program becomes a jumble of choices like

- Complete school with good marks
- Get admission to a good college
- Get a degree
- Get a job
- and so on...



So while we progress in skills, it is difficult to find out if we are making progress or not

As a human being, it is important to understand what to do (what is valuable for human being), and then, how to do

Proposal # 3

**To live in Harmony is
The Natural Acceptance
of Every Human Being**



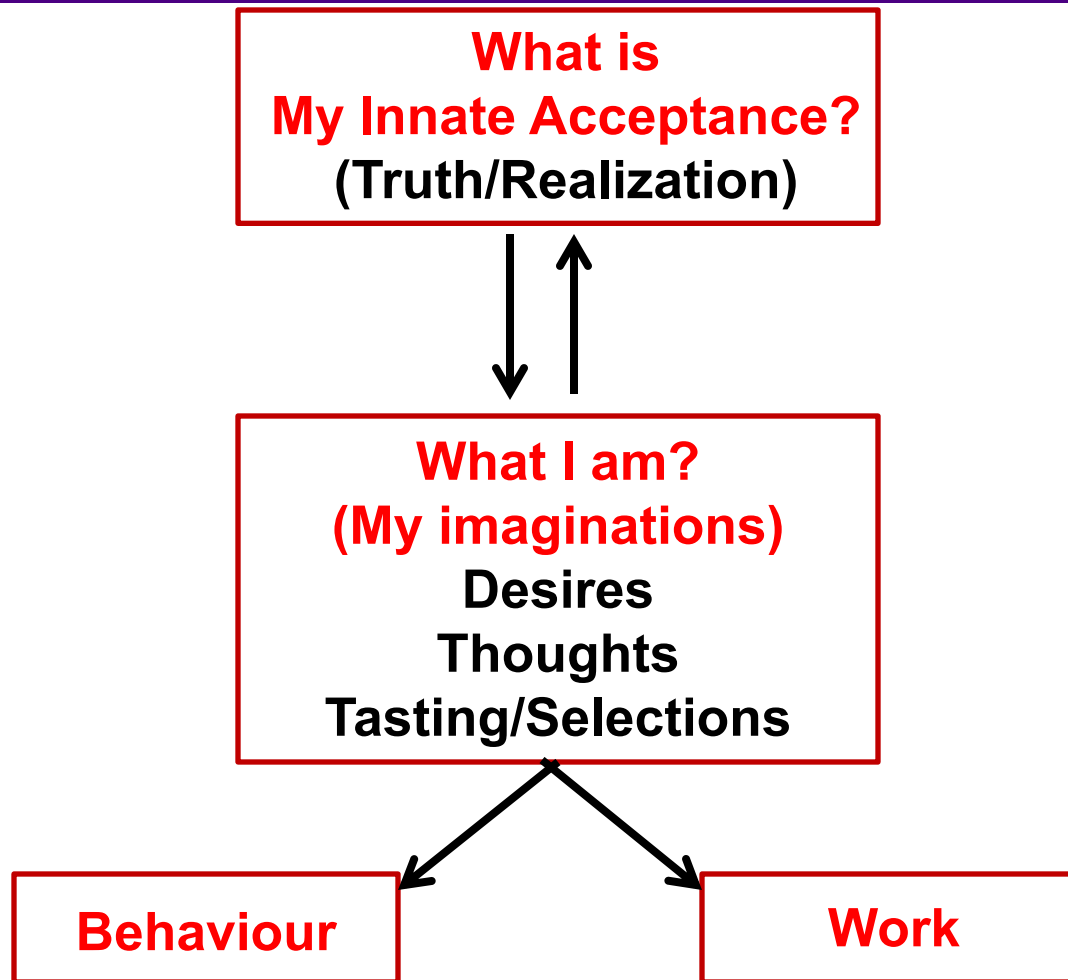
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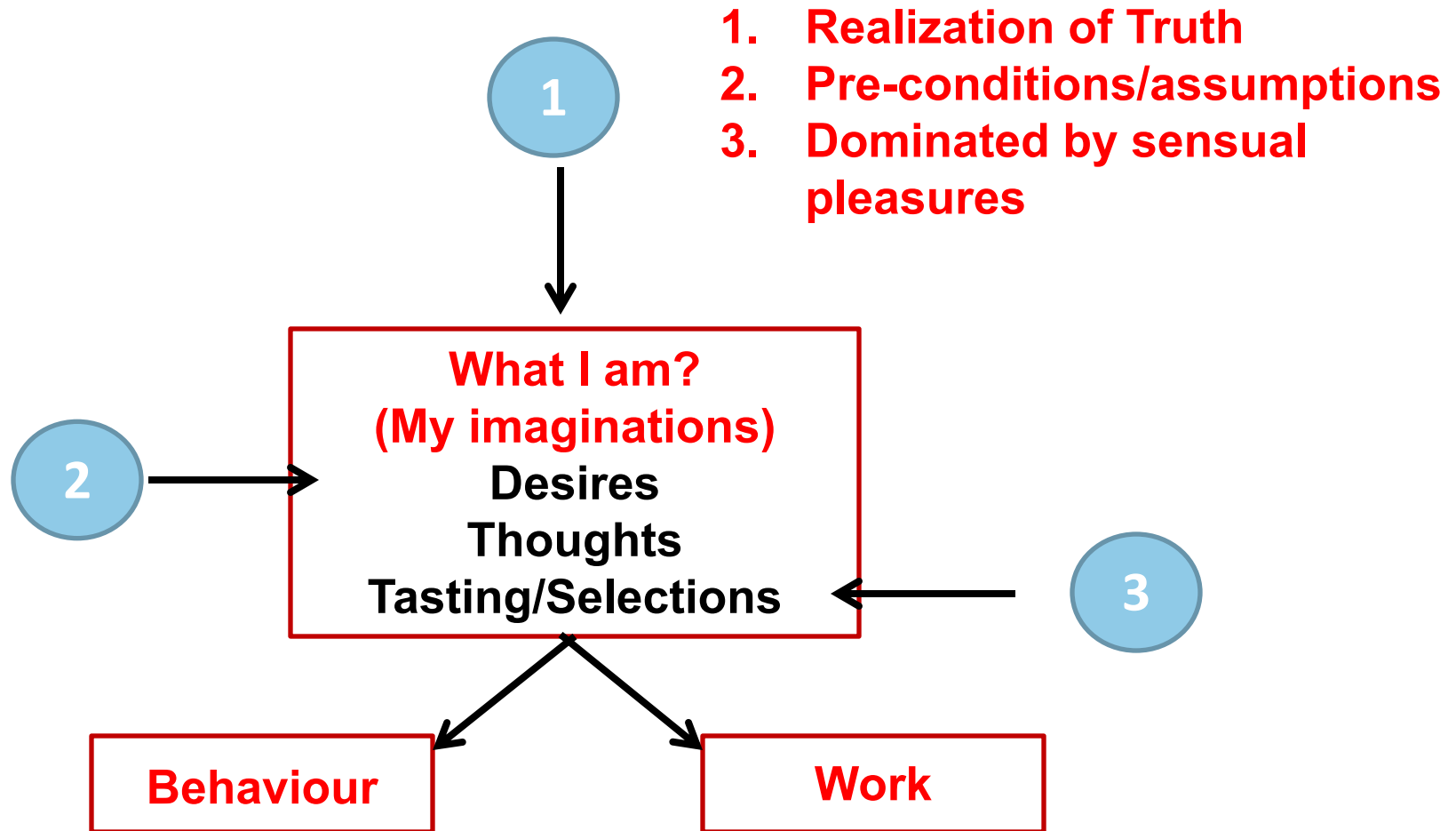
Mind the Gap...

- There is “Gap” between **what we really want** and **what we currently are?** This Gap is the cause of “Unhappiness”.
- What we really want is to live in alignment with our Natural Acceptance.
- To live in **alignment** with our Natural Acceptance is **Happiness**.
- To live in **contradiction** with our Natural Acceptance is **Unhappiness**.

Innate Acceptance at all levels of my being

Level	Innate Acceptance	Not Acceptable
Individual	Happiness, Clarity, Peace, Satisfaction, Health, etc.,	Unhappiness, Lack of clarity, Dissatisfaction, ill-Health, etc.,
Family	Mutual Happiness, harmony, Turst, Respect, empathy, etc.,	Conflicts, Misunderstanding etc.,
Society	Fearlessness, Prosperity, peace, etc.,	Fear, Exploitation, Corruption, Wars, etc.,
Nature	Co-existence, etc.,	Resource depletion, pollution, etc.,
What is	Desirable	Prevailing

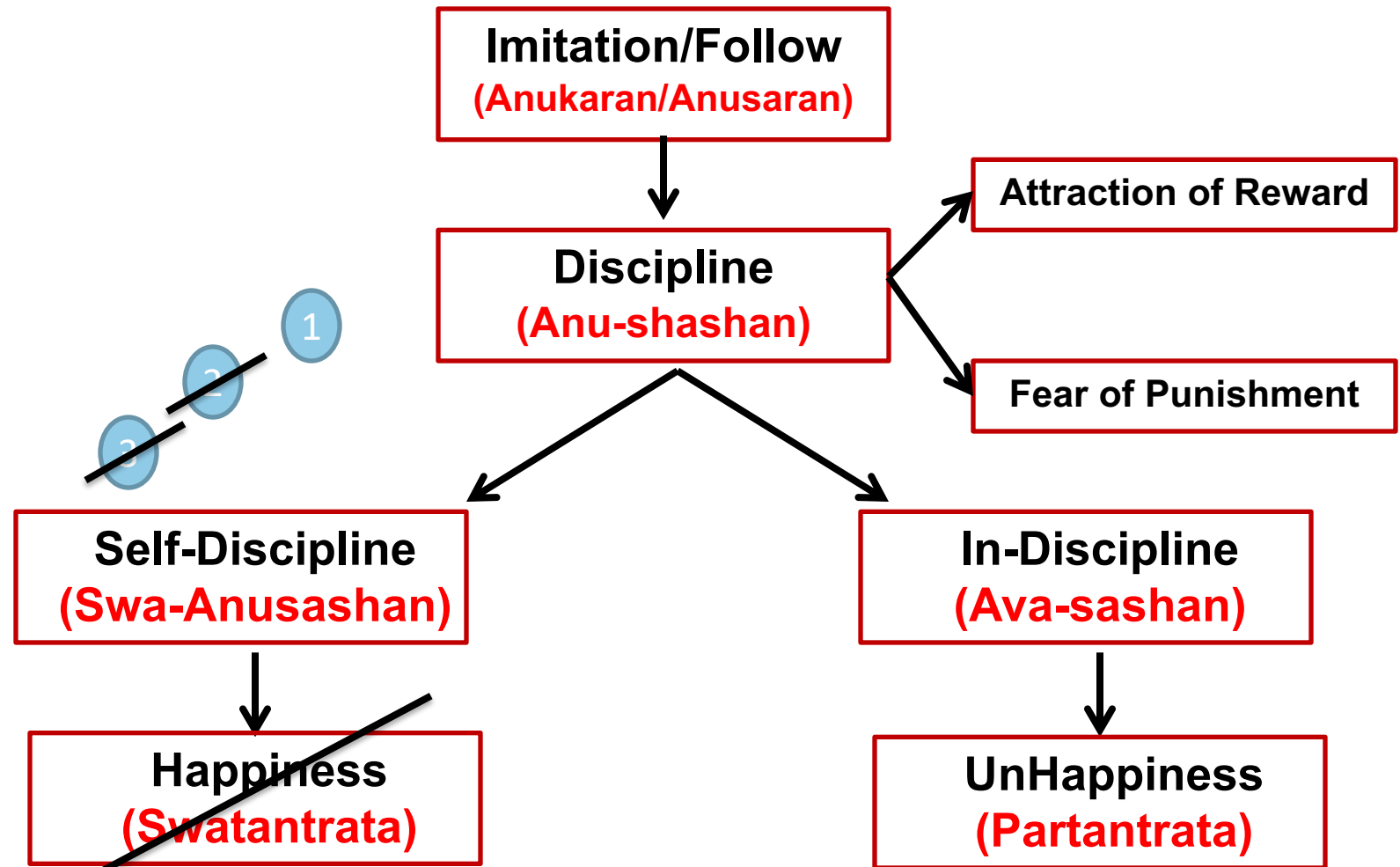




Process of Self-exploration, Self-investigation

1. It is a process of dialogue – between me and you, to begin with. It soon becomes a dialogue within your own self
2. It is a process of dialogue between what I am and my innate nature or what I really want to be
3. It is a process of Self-exploration, Self-investigation → Self-evolution
4. It is a process of knowing oneself and through the self, knowing Nature and the entire existence
5. It is a process of recognizing one's relationship with every unit in nature/existence; and fulfilling that relationship
6. It is a process of knowing Human Conduct and living according to it
7. It is a process of living in harmony within, living in harmony with others...living in harmony with entire existence

Process of Education-Sanskar



1. Learning by doing

~~2. Understanding after learning~~

~~3. Doing with understanding~~

Proposal # 4

**Education is the basis for
Human Being's Conduct**

The Role of Education

What is the Role of Education?

The role of education is to facilitate the development of the competence to live with Definite Human Conduct

What is Definite Human Conduct?

The conduct which ensures

Moolya (Values)	→ Sambandh (in Relationships)
Charitr (Character)	→ Samaaj (in Society)
Nitikta (Policy)	→ Vyavasta (in 4 orders of nature)

Right Understanding is also Necessary for Human Being

RIGHT UNDERSTANDING
(in the self)

RELATIONSHIP
(with human
beings)

**PHYSICAL
FACILITY**
(with rest of
nature)

**For animals:
necessary &
adequate**

**For human beings:
necessary but
not adequate**

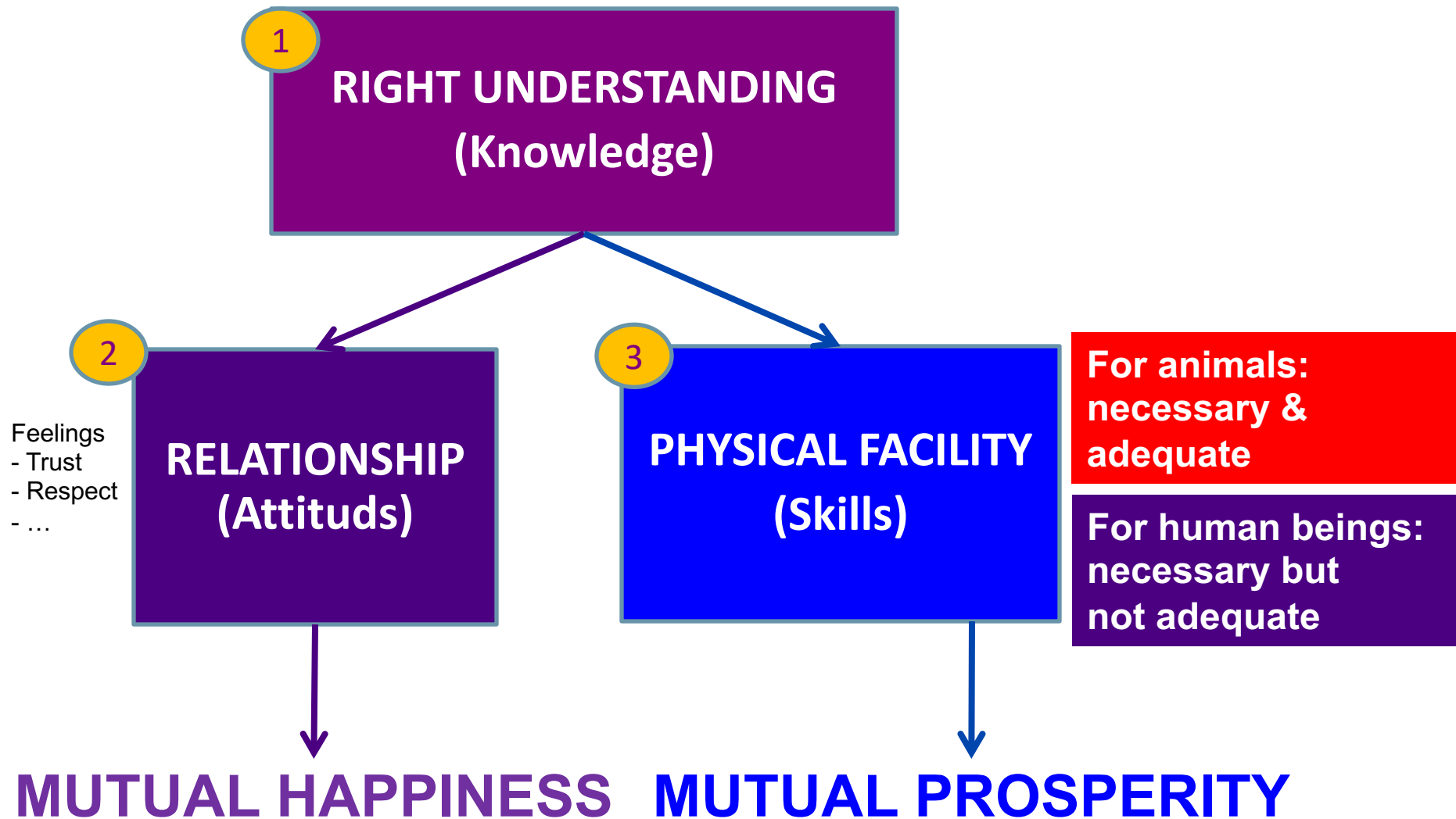
Are all 3 required? Is something redundant? Is anything more required?

Are we working on all 3?

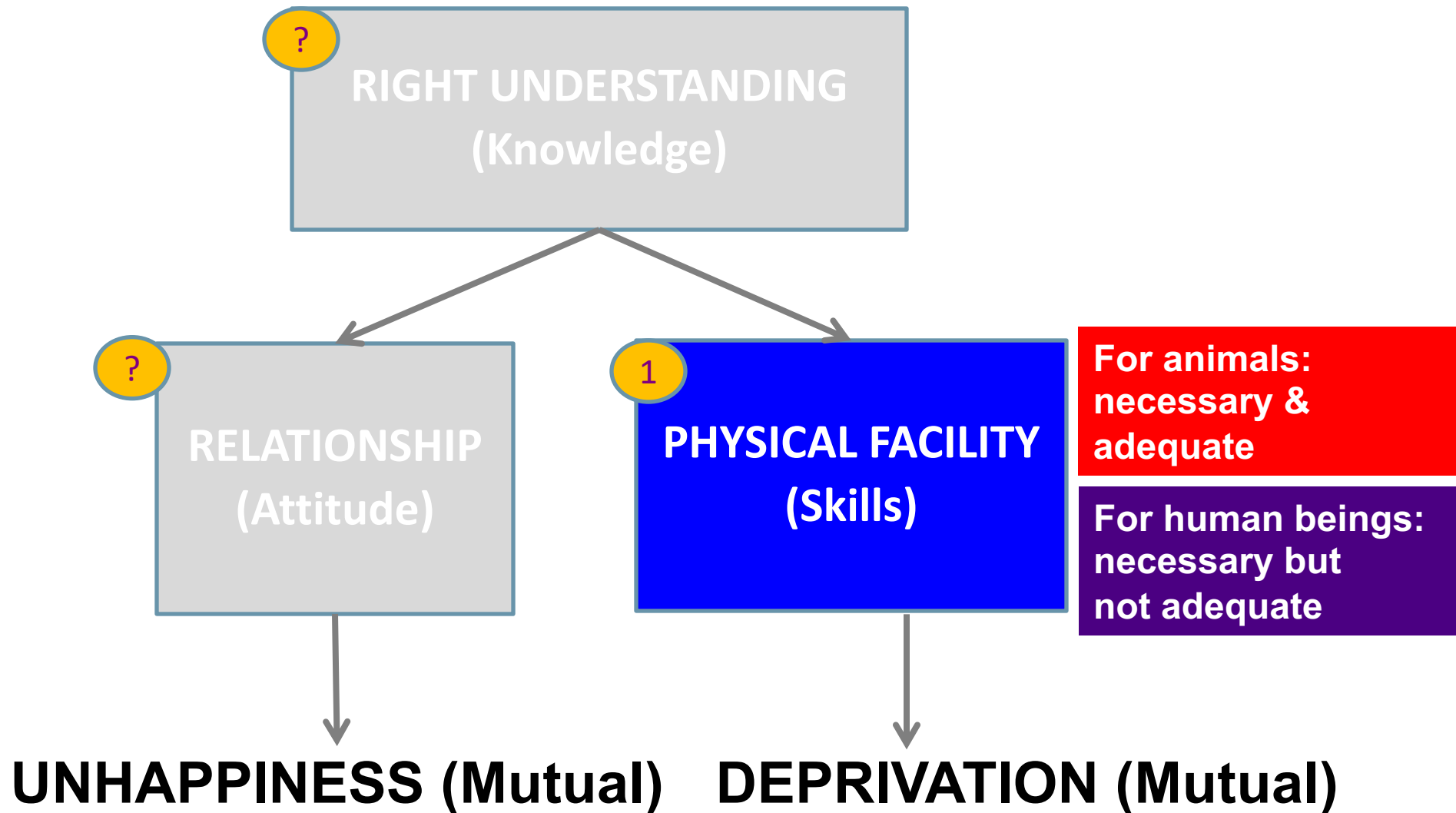
If all 3 are required, what would be the priority*?

*Working on the high priority makes it easier to deal with the lower priority

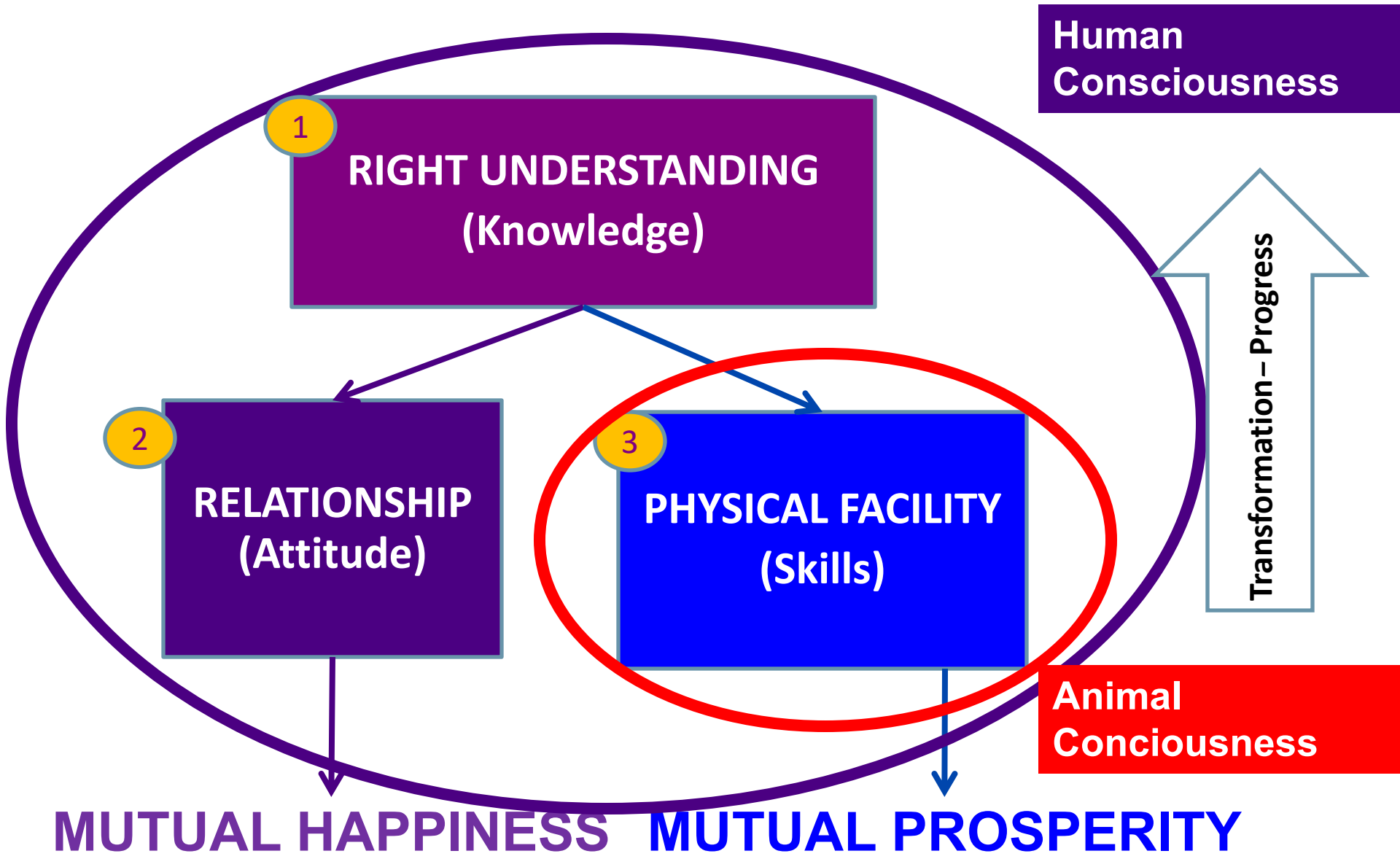
Priority: Right Understanding, Relationship & Physical Facility



Priority: Physical Facility



Role of Education-Sanskar: Enable Transformation



Proposal # 5

**Understanding 4 Levels for
Continuous Happiness & Prosperity**

Program for Continuity of Happiness

To understand the Harmony at all levels of my Being

1. Harmony in the Human Being
2. Harmony in the Family
3. Harmony in the Society
4. Harmony in Nature/Existence

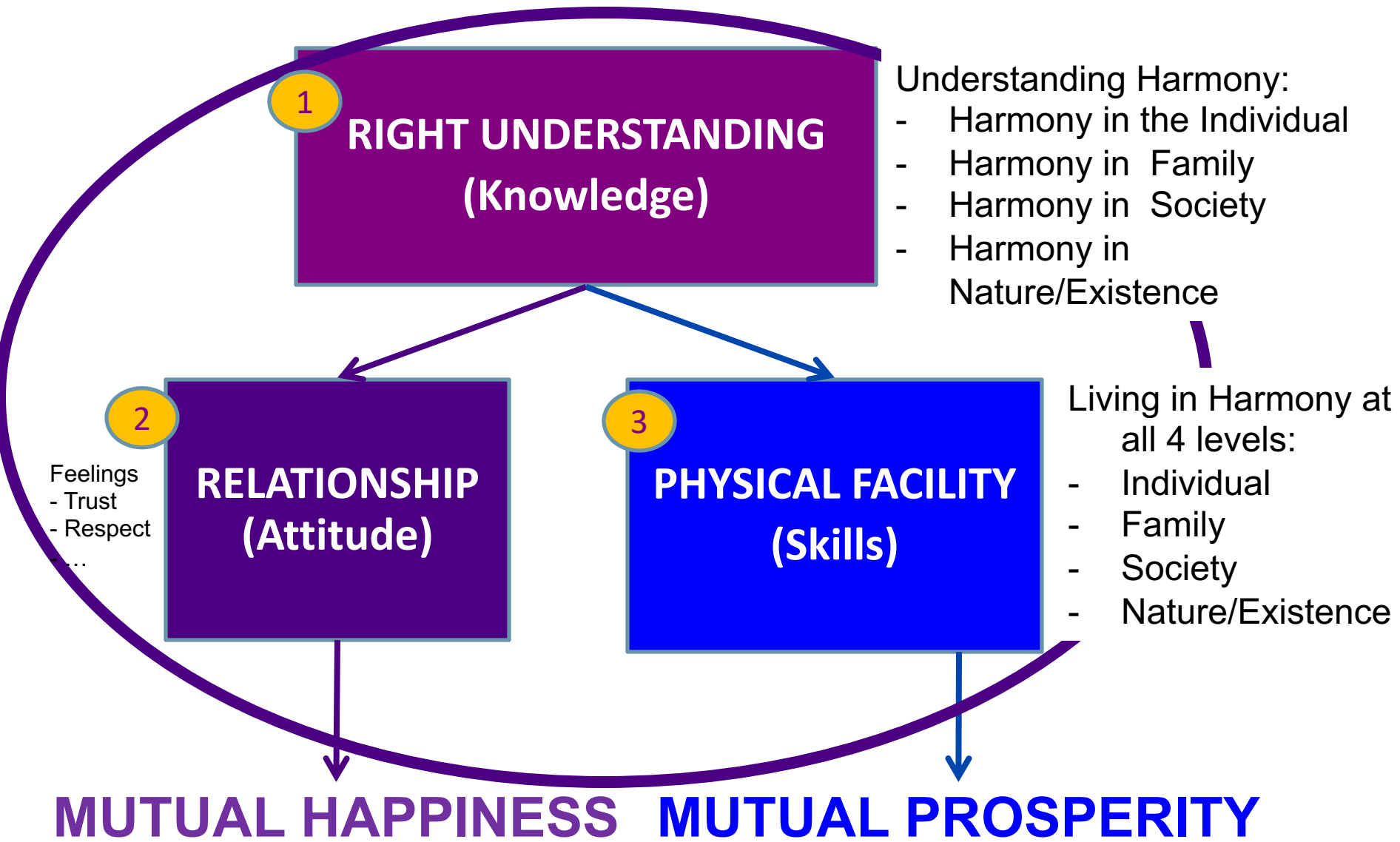
Scope of Understanding

To live in Harmony at all levels of my Being

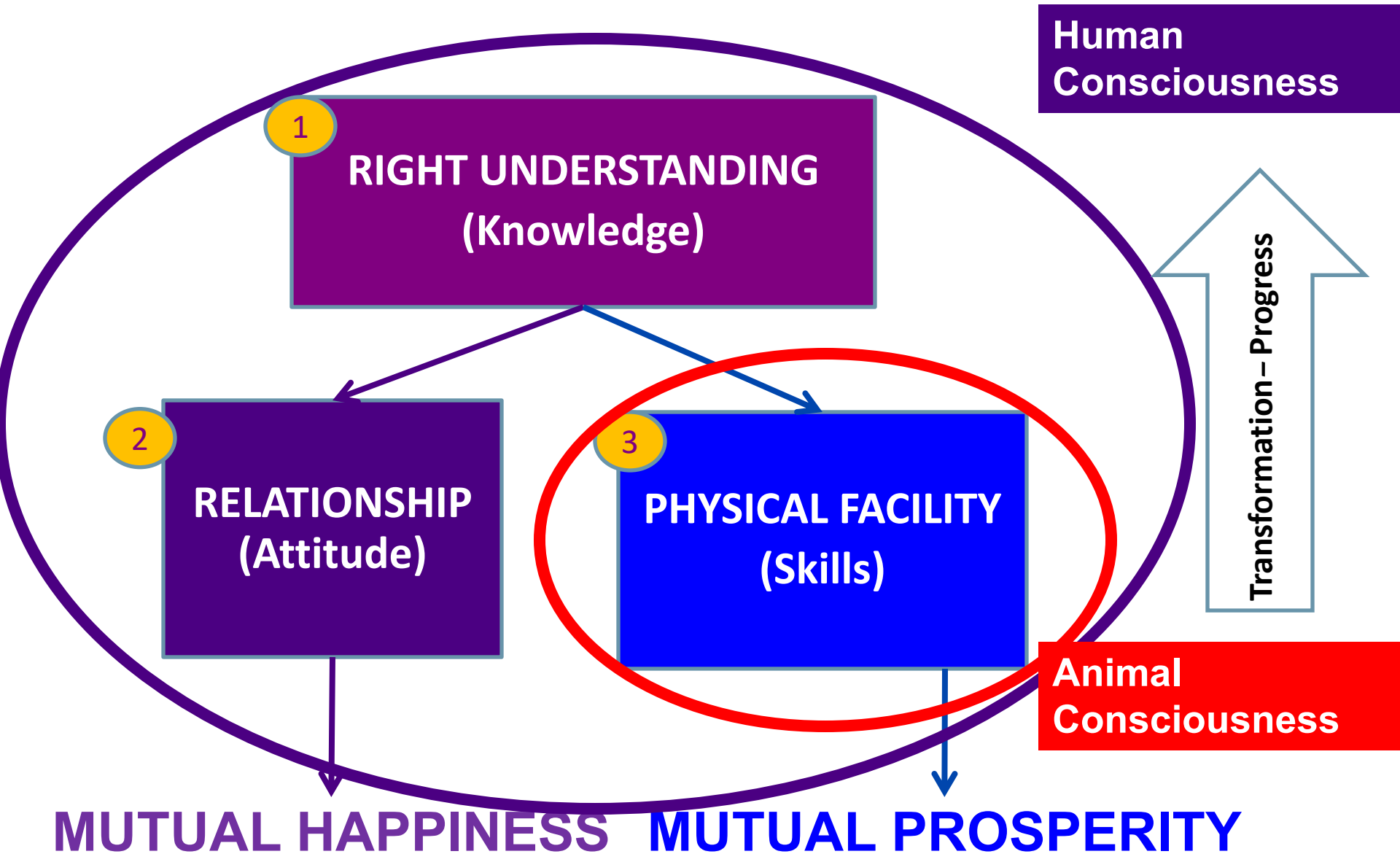
1. As an Individual
2. In Family
3. In Society
4. In Nature/Existence

Scope of Living

Course/Workshop Content: Right Understanding



Role of Education-Sanskar: Enable Transformation



Understanding Relationships

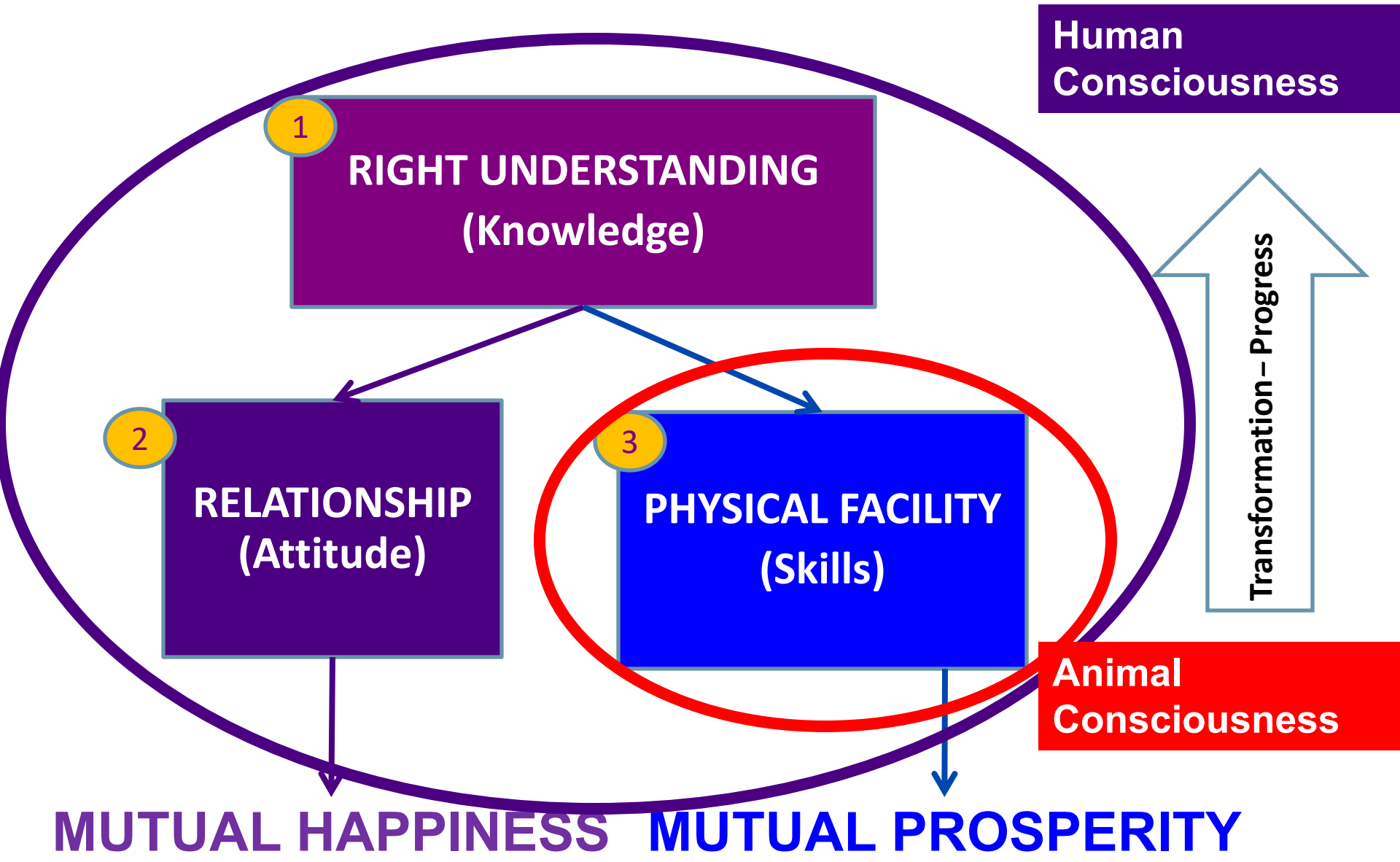
- 1. Me and Parents/Children**
- 2. Me and Siblings**
- 3. Me and Teacher/Student**
- 4. Me and Friends**
- 5. Me and Spouse**
- 6. Me and Boss/Colleague**
- 7. Me and Society**

Right Feelings in Relationship

- | | |
|--------------|--------------|
| 1. Trust | 6. Reverence |
| 2. Respect | 7. Glory |
| 3. Affection | 8. Gratitude |
| 4. Care | 9. Love |
| 5. Guidance | |

- Understanding the above feelings, ensuring the continuity of these feeling in the self
 - *leads to happiness in the self*
- Expressing these feelings to the others
 - *leads to his/her happiness, i.e., Mutual Happiness*
- **Justice** = Recognition & Fulfilment of Human-Human Relationship leads to Mutual Happiness
- **Undivided Society** = Right feelings in every human being from family to world family

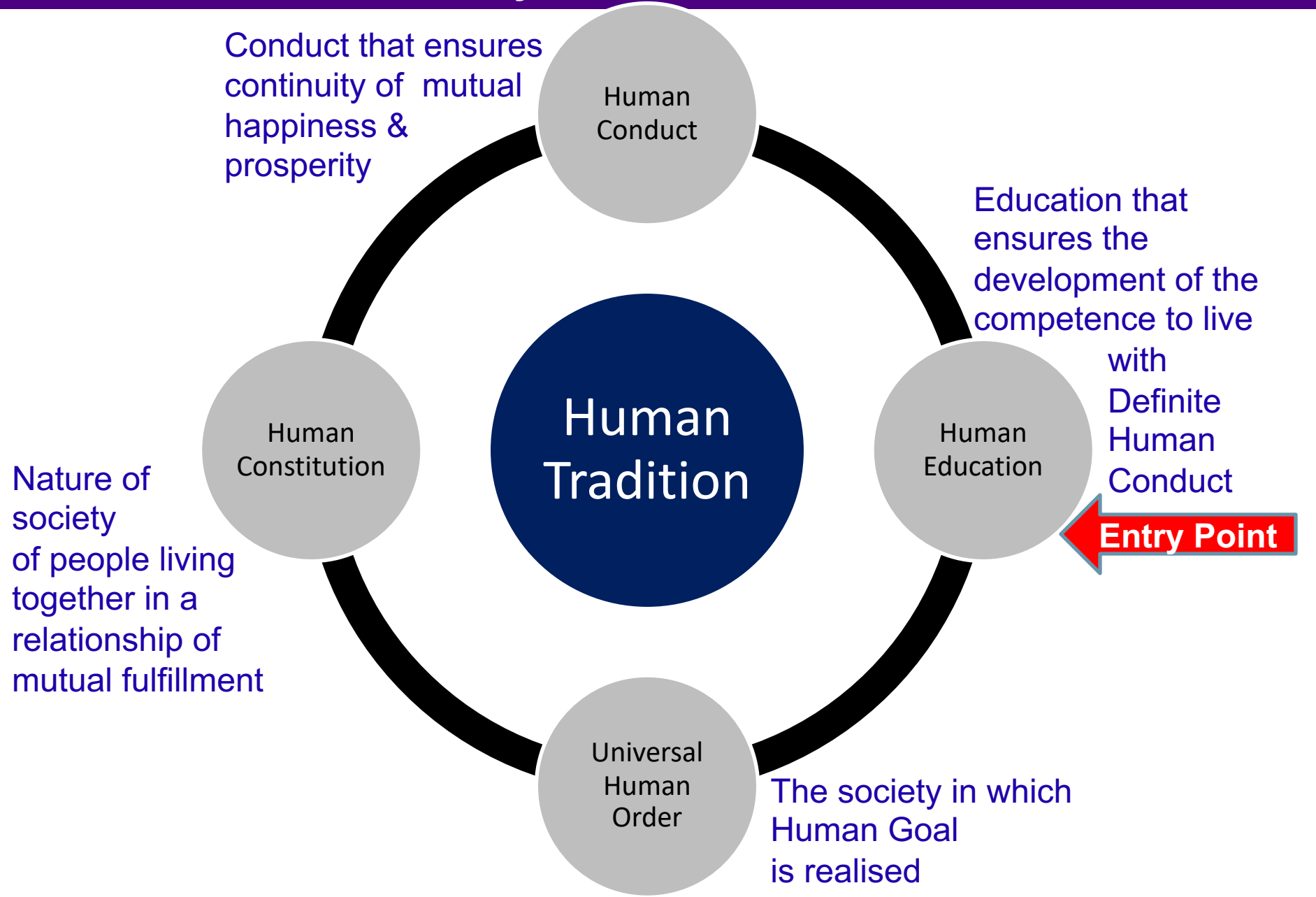
Role of Education-Sanskar: Enable Transformation



Holistic Solution Approach vs Problem Approach

Proactive	Active	Reactive
People living together, in a relationship of mutual fulfillment (common goal)	People living together, but not in relationship of mutual fulfillment (differing goals)	People living separately, in opposition / struggle (conflicting goals)
Society	Crowd	Battlefield
Effort for common goal	Effort for dealing with problems	Effort for dealing with problems
Human Education-sanskar	Laws, Rules, Regulations	Penal Code

Universal Human Order: Dynamics



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Thank You